



Longcroft Children's Nursery School



Week 1	AM Snack	Lunch	PM Snack	Tea
Monday	Prepared in rooms	Vegetable chilli and rice Chocolate cookie	Mackerel pate and toast	Cheese Toasties Jelly with fruit
Tuesday	Prepared in rooms	Roast dinner, roast potatoes & **veg with Yorkshire pudding Mandarin jelly	Crackers with apple and cheese	Spaghetti on toast Rice pudding
Wednesday	Prepared in rooms	Fish fingers, potato pops and peas Shortbread	Bread sticks, carrot & cucumber sticks, Cream cheese	Chicken wraps, cucumber and carrot sticks Ice cream
Thursday	Prepared in rooms	Longcroft (cowboy) Casserole* Yoghurt	Rice cakes and fruit	Chicken Goujons and baked beans Chocolate crispy cake
Friday	Prepared in rooms	Lasagne (beef) Sponge cake	Scones	Hot Dogs in bread rolls Strawberry mousse

All bread is 'Best of Both' or 50/50

AM snack will consist of 2 fruits or vegetables such as banana, apple, orange, pear, grapes, strawberries, raspberries, peaches, carrots.

*Contains hidden veg such as carrots, peas, peppers, onion, mushrooms.

**A variety of veg such as peas, carrots, cauliflower, broccoli, sprouts, swede, kidney beans



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Week 2	AM Snack	Lunch	PM Snack	Tea
Monday	Prepared in rooms	Chicken goujons, baked beans and croquette potatoes Fruit salad	Rice cakes and fruit	Vegetable pizza Angel delight
Tuesday	Prepared in rooms	Minced beef and vegetable pie with new potatoes Bananas & custard	Mackerel pate on crackers with cucumber sticks	Spaghetti on toast Ice cream
Wednesday	Prepared in rooms	Quorn chicken pizza Crumble	Toast and jam	Jacket potatoes with cheese/beans Yogurts
Thursday	Prepared in rooms	Fish pie Chocolate Cake	Crumpets	Hot dogs with peas and sweetcorn Chocolate cake
Friday	Prepared in rooms	*Chicken and vegetable curry Fruit crumble and ice cream	Breadsticks with cheese	Ham sandwiches, cucumber sticks Jelly

All bread is 'Best of Both' or 50/50

AM snack will consist of 2 fruits or vegetables such as banana, apple, orange, pear, grapes, strawberries, raspberries, peaches, carrots.

*Contains hidden veg such as carrots, peas, peppers, onion, mushrooms.

**A variety of veg such as peas, carrots, cauliflower, broccoli, sprouts, swede, kidney beans



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Week 3	AM Snack	Lunch	PM Snack	Tea
Monday	Prepared in rooms	Macaroni cheese with ham, peas and broccoli Ice-cream with fruit	Mixed fruit	Spaghetti on toast Angel Delight
Tuesday	Prepared in rooms	Chicken supreme Jam tart	Crackers with mackerel pate or cream cheese	Cheese sandwich with cucumber sticks Jelly
Wednesday	Prepared in rooms	Quorn cottage pie Yoghurt	Pitta bread and houmous	Beans on toast Rice pudding
Thursday	Prepared in rooms	Roast chicken, vegetables and roast potatoes Flapjack	Rice cakes with fruit	Cheese wraps Jelly
Friday	Prepared in rooms	Tuna fish cakes with vegetables Rice pudding	Scones with jam	Jacket potatoes with beans and cheese Jam tart

All bread is 'Best of Both' or 50/50

AM snack will consist of 2 fruits or vegetables such as banana, apple, orange, pear, grapes, strawberries, raspberries, peaches, carrots.

*Contains hidden veg such as carrots, peas, peppers, onion, mushrooms.

**A variety of veg such as peas, carrots, cauliflower, broccoli, sprouts, swede, kidney beans



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Week 4	AM Snack	Lunch	PM Snack	Tea
Monday	Prepared in rooms	Fish fingers, new potatoes and beans Yoghurts	Crumpets/Toast	Pasta carbonara with ham Fruit
Tuesday	Prepared in rooms	Spaghetti Bolognese Jam tart	Toast and jam	Ham wraps with cucumber sticks Bananas and custard
Wednesday	Prepared in rooms	Sausage casserole and vegetables and mashed potatoes Fruit salad	Mixed fruit	Beans on toast Jelly
Thursday	Prepared in rooms	Vegetable lasagne Fruit crumble	salmon pate with bread sticks	Hot dogs and spaghetti Yoghurts
Friday	Prepared in rooms	Chicken supreme (contains mushrooms, sweetcorn, peas and peppers) rice Blueberry muffins	Breadsticks with cream cheese and grapes	Beans on toast Angel Delight

All bread is 'Best of Both' or 50/50

AM snack will consist of 2 fruits or vegetables such as banana, apple, orange, pear, grapes, strawberries, raspberries, peaches, carrots.

*Contains hidden veg such as carrots, peas, peppers, onion, mushrooms.

**A variety of veg such as peas, carrots, cauliflower, broccoli, sprouts, swede, kidney beans